Midwives reducing obesity for better pregnancy outcomes in Mongolia.

Japanese Midwives Association (JMA) with Mongolian Midwives and Feldsher’s Association
Midwives reducing obesity for better pregnancy

This is a Summary of the progress of the project in this 2015.
Core Values
1. Mutual trust
2. Sharing Responsibility
3. Commitment
4. Autonomy

Goal
① The Mongolian Midwives Association will be strong well organized, and independent.
Policy, Strategic planning Skills, development of the board members
Leadership training for the board

② Improve Antenatal Care, midwives knowledge & skills, training, how to prevent obesity & promote healthy eating during pregnancy
Conduct survey (women, midwives knowledge)
Obtain evidence based guidelines for healthy eating during pregnancy and disseminate to all midwives and women
Dietary guideline
Visited to Mongolia for project: 24th – 30th September 2015

These are pictures at the meeting of JMA members visiting Mongolia.
Mongolian Midwives at the APRC Japan in July 2015.

Twinning Workshop on 20th July 2015
Mongolian Midwives at the APRC Japan in July 2015.

Twinning Symposium on 22nd July 2015